| * JULY 2023 |  |  |  |  |  | 9:30am Morning Exercise MR <br> 1:00pm Movie Matinee MR 1:00pm Movie Matinee DR 4:30pm Holy Guardian Church Sign UP! <br> Canada Day |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |
| 6:00am Lutheran Hour WGN Radio 2 <br> 9:30am Catholic Mass Ch 9 <br> 9:30am Coffee \& Sweet Rolls <br> 1:30 Movie Matinee: | 9:30am Exercise MR 10:00am Trivia AS 1:15 pm Flip Cards MR 1:30pm Games with Bernie AS 2:15pm Millionaire Trivia MR 3:00pm Buck Bingo MR <br> 3:00pm 25 Words or Less AS | 9:30am Exercise with Angela MR 10:00am Patriotic Music MR <br> 12:00pm Exercise with Angela DR 1:00pm Bingo AS <br> 1:15pm Holiday Bingo MR <br> 2:00pm Holiday Movie- <br> 3:00pm UNO AS <br> Independence Day (US) | 9:00am Low Impact Aqua Plymoutli5 <br> 9.30am Morning Exercise MR <br> 1.00 pm Catholic MR <br> 1:00pm Pokeno AS <br> 2:00pm Roll or No Roll MR <br> 2:30pm Daily Life in Ancient World <br> 3:00pm Buck Bingo MR <br> 6:30pm Rosary AS | 9:30am Exercise with Angela MR 6 10:00am Bunco MR 10:00am Ed's Bible Study AS 12:00pm Exercise with Angela DR 1:00pm Drama Club with Zivi AS 1:15pm Garbage MR 2:45pm Music \& Memories MR 3:00pm Keno AS | 9:30am Morning Exercise MR <br> 10:00am Blackjack MR <br> 10:00am Shopping at Jewel <br> 1:15pm Help Your Neighbor MR <br> 2:15pm Dice Maze MR <br> 3:00pm Buck Bingo MR <br> 3:00pm Apples to Apples AS <br> 3:30 Happy Hour Cafe | 9:30am Morning Exercise MR 8 10:00am Bank 2:00PM Sonshines LR 4:00pm Holy Guardian Church Sign UP! |
| 6:00am Lutheran Hour WGN Rad 8:00am Apostolic Church CH10 <br> 9:30am Catholic Mass Ch 9 <br> 9:30am Coffee \& Sweet Rolls <br> 1:30 Movie Matinee: |  | 9:00am Coffee \& Donuts Cafe 11 9:30am Exercise with Angela MR 1 <br> 9:30am Exercise with Angel 10:00am Horse Racing MR <br> 10:00am Shopping at Tischler's <br> 12:00pm Exercise with Angela DR <br> 1:00pm Bingo AS <br> 1:155m Roll or No Roll MR <br> 2:15 Travel Log- Disney MR <br> 3:00pm Keno MR | 9:00am Low Impact Aqua Plymoqtiz <br> 9:30am Morning Exercise MR <br> 10:00am Discussion-1950's <br> 1:00pm Quiddler <br> 1:00pm Pokeno AS 2:00pm Hang-Man MR <br> 2:30pm Daily Life in Ancient World <br> 3:00pm Buck Bingo MR <br> 6:30pm Rosary AS | 9:30am Exercise with Angela MR13 <br> 10:00am Chat with the Chef $M$ R <br> 10:00am Ed's Bible Study AS <br> 12:00pm Exercise with Angela DR <br> 1:00pm Drama Club with Zivi AS <br> 1:15pm Garbage MR <br> 1:30pm Rosary CH 13 <br> 2:00pm Chat with The Chef Cafe <br> 2:45pm Music \& Memories | 9:30am Morning Exercise MR $\quad 14$ 10:00am Bananagrams MR 10:0am Shopping Jat Jewel 1:15p U UN MR 2:15p Dice Maze MR 3:00pm Buck Bingo MR 3:000m Appples to Apples AS 3:30 Happy Hour Cafe | 9:30am Morning Exercise MR $\quad 15$ 1:00m M Movie Matinee MR 1:000m Movie Matinee DR 4:30pm Holy Guardian Church Sign UP! |
| 6:00am Lutheran Hour WGN RadP6 <br> 8:00am Apostolic Church CH10 <br> 9:30am Catholic Mass Ch 9 <br> 9:30am Coffee \& Sweet Rolls <br> 1:30 Movie Matinee: <br> 2:00pm Exercise with Mary | 9:30am Exercise MR $\quad 17$ 10:0am Beading MR 1:00am Trivin AS 1:10 pm Rivide Ahe Bus MR 1:30pm Games with Bernie AS 2:15pm Apples tio Apples MR 3:00pm Buck Bingo MR 3:00pm 25 Words or Less AS | 9:00am Coffee e Donuts Cafe 118 $0: 30$ am Exercise with Angela MR <br> 9:30am Exercise with Angela MR 10:00am Discussion 1960's MR <br> 10:00am Shopping at Tischler's <br> 12:00pm Exercise with Angela DR <br> 1:00pm Bingo AS <br> 1:15pm Roll or No Roll MR <br> 2:15 Travel Log- Grand Canyon MR <br> 3:00pm Horseracing MR | 9:00am Low Impact Aqua Plymoqto <br> 9:30am Morning Exercise MR <br> 10:00am Catholic Communion MR <br> 1:00pm Quiddler <br> 2:00pm Penny Ante MR <br> 2:30pm Daily Life in Ancient World <br> 3:00pm Buck Bingo MR <br> 6:30pm Rosary AS | 9:30am Exercise with Angela MF2O 10:00am Bunco MR <br> 10:00am Ed's Bible Study AS <br> 12:00pm Exercise with Angela DR <br> 1:00pm Drama Club with Zivi AS <br> 1:15pm Garbage MR <br> 2:15pm Are You Smarter? <br> 2:45pm Music \& Memories MR <br> 3:00pm Keno AS |  | 9:30am Morning Exercise MR 22 10:00am Bank 1:00pm Move Matinee MR 1:00pm Movie Matinee DR 4:30pm Holy Guardian Church Sign UP! |
| 6:00am Lutheran Hour WGN Rad 8:00am Apostolic Church CH10 9:30am Catholic Mass Ch 9 <br> 9:30am Coffee \& Sweet Rolls <br> 1:30 Movie Matinee: | 10:00am Baking Cookies MR 10:00am Trivia AS :15 pm Kings in the Korner MR :30pm Games with Bernie AS 15pm Millionaire Trivia MR 3:00pm Buck Bingo MR 3:00pm 25 Words or Less AS | 9:00am Coffee \& Donuts Cafe <br> 9:30am Exercise with Angela 10:00am Horse Racing MR <br> 12:00pm Exercise with Angela DR <br> 1:00pm Bingo AS <br> .15pm Finish the Phrase MR <br> 2:00pm Chaplin Jim AS <br> 2:15 Monthly Birthday Party MR | 9:00am Low Impact Aqua Plym <br> 9:30am Morning Exercise MR 10:00am Discussion 1970's MR <br> 1:00pm Quiddler LR <br> 1:00pm Pokeno AS <br> 2:00pm Hang-Man MR <br> 2:30pm Daily Life in Ancient World <br> 3:00pm Buck Bingo MR <br> 6:30pm Rosary AS | 9:30am Exercise with Angela MR <br> 10:00am Resident Council MR 0.00am Ed's Bible Study AS <br> 12:00pm Exercise with Angela DR <br> 1:00pm Drama Club with Zivi AS <br> .15pm Garbage MR <br> 2:00 You Be The Judge <br> 2:45pm Music \& Memories MR <br> 3:00pm Keno AS |  | 9:30am Morning Exercise MR 29 1:000m Movie Matinee MR 1:000m Moveie Matinee eR 4:30pm Holy Guardian Church Sign UP! |
| 6:00am Lutheran Hour WGN Radß <br> 8:00am Apostolic Church CH10 <br> 9:30am Catholic Mass Ch 9 <br> 9:30am Coffee \& Sweet Rolls <br> 1:30 Movie Matinee: <br> 2:00 Exercise with Mary |   <br> 9:30am Exercise $\ln$  <br> 10:0am Who Am ? MR <br> 10:0am Trivi AS  <br> 1:00 Book Club AS  <br> 1:15 pm Flip Cards MR  <br> 2:15p Name Ten MR  <br> 3:00pm Buck Bingo MR  <br> 3:00pm 25 Words or Less AS  <br> 3:  |  |  |  |  |  |

