Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		JULY	2023			9:30am Morning Exercise MR 1:00pm Movie Matinee MR 1:00pm Movie Matinee DR 4:30pm Holy Guardian Church Sign UP! Canada Day
6:00am Lutheran Hour WGN Radio 8:00am Apostolic Church CH10 9:30am Catholic Mass Ch 9 9:30am Coffee & Sweet Rolls 1:30 Movie Matinee:	9:30am Exercise MR 10:00am Ride the Bus MR 10:00am Trivia AS 1:15 pm Flip Cards MR 1:30pm Games with Bernie AS 2:15pm Millionaire Trivia MR 3:00pm Buck Bingo MR 3:00pm 25 Words or Less AS	 9:30am Exercise with Angela MR 10:00am Patriotic Music MR 12:00pm Exercise with Angela DR 1:00pm Bingo AS 1:15pm Holiday Bingo MR 2:00pm Holiday Movie-3:00pm UNO AS Independence Day (US) 	9:00am Low Impact Aqua Plymout 9:30am Morning Exercise MR 10:00am Quiddler MR 1:00pm Catholic Mass LR 1:00pm Pokeno AS 2:00pm Roll or No Roll MR 2:30pm Daily Life in Ancient World 3:00pm Buck Bingo MR 6:30pm Rosary AS	9:30am Exercise with Angela MR 10:00am Bunco MR 10:00am Ed's Bible Study AS 12:00pm Exercise with Angela DR 1:00pm Drama Club with Zivi AS 1:15pm Garbage MR 2:15pm Bananagrams 2:45pm Music & Memories MR 3:00pm Keno AS	9:30am Morning Exercise MR 10:00am Blackjack MR 10:00am Shopping at Jewel 1:15pm Help Your Neighbor MR 2:15pm Dice Maze MR 3:00pm Buck Bingo MR 3:00pm Apples to Apples AS 3:30 Happy Hour Cafe	9:30am Morning Exercise MR 10:00am Bank 2:00PM Sonshines LR 4:00pm Holy Guardian Church Sign UP!
6:00am Lutheran Hour WGN Radio 8:00am Apostolic Church CH10 9:30am Catholic Mass Ch 9 9:30am Coffee & Sweet Rolls 1:30 Movie Matinee:	9:30am Exercise MR 10:00am Outburst MR 10:00am Visit from the Librarian 1:00pm Tea with the Librarian MR 1:30pm Games with Bernie AS 2:15pm You Be the Judge MR 3:00pm Buck Bingo MR 3:00pm 25 words or Less	9:00am Coffee & Donuts Cafe 9:30am Exercise with Angela MR 10:00am Horse Racing MR 10:00am Shopping at Tischler's 12:00pm Exercise with Angela DR 1:00pm Bingo AS 1:15pm Roll or No Roll MR 2:15 Travel Log- Disney MR 3:00pm Keno MR	9:00am Low Impact Aqua Plymout 2 9:30am Morning Exercise MR 10:00am Discussion-1950's 1:00pm Quiddler 1:00pm Pokeno AS 2:00pm Hang-Man MR 2:30pm Daily Life in Ancient World 3:00pm Buck Bingo MR 6:30pm Rosary AS	9:30am Exercise with Angela MR 13 10:00am Chat with the Chef MR 10:00am Ed's Bible Study AS 12:00pm Exercise with Angela DR 1:00pm Drama Club with Zivi AS 1:15pm Garbage MR 1:30pm Rosary CH 13 2:00pm Chat with The Chef Cafe 2:45pm Music & Memories	9:30am Morning Exercise MR 10:00am Bananagrams MR 10:00am Shopping at Jewel 1:15pm UNO MR 2:15pm Dice Maze MR 3:00pm Buck Bingo MR 3:00pm Apples to Apples AS 3:30 Happy Hour Cafe	9:30am Morning Exercise MR 15 1:00pm Movie Matinee MR 1:00pm Movie Matinee DR 4:30pm Holy Guardian Church Sign UP!
6:00am Lutheran Hour WGN Radib6 8:00am Apostolic Church CH10 9:30am Catholic Mass Ch 9 9:30am Coffee & Sweet Rolls 1:30 Movie Matinee: 2:00pm Exercise with Mary	9:30am Exercise MR 10:00am Beading MR 10:00am Trivia AS 1:15 pm Ride the Bus MR 1:30pm Games with Bernie AS 2:15pm Apples to Apples MR 3:00pm Buck Bingo MR 3:00pm 25 Words or Less AS	 9:00am Coffee & Donuts Cafe 9:30am Exercise with Angela MR 10:00am Discussion 1960's MR 10:00am Shopping at Tischler's 12:00pm Exercise with Angela DR 1:00pm Bingo AS 1:15pm Roll or No Roll MR 2:15 Travel Log- Grand Canyon MR 3:00pm Horseracing MR 	9:00am Low Impact Aqua Plymo ut 9:30am Morning Exercise MR 10:00am Catholic Communion MR 1:00pm Quiddler 1:00pm Pokeno AS 2:00pm Penny Ante MR 2:30pm Daily Life in Ancient World 3:00pm Buck Bingo MR 6:30pm Rosary AS	9:30am Exercise with Angela MR20 10:00am Bunco MR 10:00am Ed's Bible Study AS 12:00pm Exercise with Angela DR 1:00pm Drama Club with Zivi AS 1:15pm Garbage MR 2:15pm Are You Smarter? 2:45pm Music & Memories MR 3:00pm Keno AS	9:30am Morning Exercise MR 21 10:00am Blackjack MR 21 10:00am Shopping at Trader Joe's 1:00pm Craft Library 1:15pm Help Your Neighbor MR 2:15pm Snake Eyes MR 3:00pm Buck Bingo MR 3:00pm Apples to Apples AS 3:30 Happy Hour Cafe	9:30am Morning Exercise MR 22 10:00am Bank 1:00pm Movie Matinee MR 1:00pm Movie Matinee DR 4:30pm Holy Guardian Church Sign UP!
6:00am Lutheran Hour WGN Rad 23 8:00am Apostolic Church CH10 9:30am Catholic Mass Ch 9 9:30am Coffee & Sweet Rolls 1:30 Movie Matinee:	9:30am Exercise MR 10:00am Baking Cookies MR 10:00am Trivia AS 1:15 pm Kings in the Korner MR 1:30pm Games with Bernie AS 2:15pm Millionaire Trivia MR 3:00pm Buck Bingo MR 3:00pm 25 Words or Less AS	 9:00am Coffee & Donuts Cafe 9:30am Exercise with Angela MR 10:00am Horse Racing MR 12:00pm Exercise with Angela DR 1:00pm Bingo AS 1:15pm Finish the Phrase MR 2:00pm Chaplin Jim AS 2:15 Monthly Birthday Party MR 3:00pm Smart Mouth MR 	9:00am Low Impact Aqua Plymo 26 9:30am Morning Exercise MR 10:00am Discussion 1970's MR 1:00pm Quiddler LR 1:00pm Pokeno AS 2:00pm Hang-Man MR 2:30pm Daily Life in Ancient World 3:00pm Buck Bingo MR 6:30pm Rosary AS	9:30am Exercise with Angela MR 27 10:00am Resident Council MR 10:00am Ed's Bible Study AS 12:00pm Exercise with Angela DR 1:00pm Drama Club with Zivi AS 1:15pm Garbage MR 2:00 You Be The Judge 2:45pm Music & Memories MR 3:00pm Keno AS	9:30am Morning Exercise MR 10:00am Jingo MR 10:00am Shopping at Aldi 1:15pm Family Feud MR 2:00 Wine & Cheese MR 3:00pm Apples to Apples AS 3:15 Buck Bingo MR 3:30 Happy Hour Cafe	9:30am Morning Exercise MR 1:00pm Movie Matinee MR 1:00pm Movie Matinee DR 4:30pm Holy Guardian Church Sign UP!
6:00am Lutheran Hour WGN Rad 8:00am Apostolic Church CH10 9:30am Catholic Mass Ch 9 9:30am Coffee & Sweet Rolls 1:30 Movie Matinee: 2:00 Exercise with Mary Cantata July 2023 Activities Calendar	9:30am Exercise MR 10:00am Who Am I? MR 10:00am Trivia AS 1:00 Book Club AS 1:15 pm Flip Cards MR 2:15pm Name Ten MR 3:00pm Buck Bingo MR 3:00pm 25 Words or Less AS					