



| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday  |   |  |
|--|--|---|--|--|--|---|---|--|
| <b>Woodlands Monthly Calendar</b><br> | 9:30 Exercise <b>1</b><br>10:00 Discussion- Looking forward to the New Year.<br><b>1:00 Bingo</b><br>2:00 Movie Matinee<br><small>New Year's Day</small> | 9:30 Exercise with Angela <b>2</b><br>10:00 Edna's Program<br>10:00 Shopping- Tischler's<br>10:00 Tabletop Bowling 4 <sup>th</sup> FL<br>1:00 Scrabble 4 <sup>th</sup> Fl<br>1:15 Ball Toss<br>2:00 Travel Log- New York<br>2:00 Rummikub 4 <sup>th</sup> FL<br>3:00 You be the Judge | 9:30 Exercise <b>3</b><br>10:00 Imaginif<br>10:00 Trivia 4 <sup>th</sup> FL<br>1:00 Catholic Mass LR<br>2:00 Smart Mouth<br>2:00 Exercise 4 <sup>th</sup> FL<br>3:00 Bingo   | 9:30 Exercise with Angela <b>4</b><br>10:00 Lucky Dog Game<br>10:00 Hang-man 4 <sup>th</sup> fl<br>1:15 Garbage<br>2:00 Scrabble 4 <sup>th</sup> fl<br>2:15 Dice Maze<br>2:45 Music & Memories   | 9:30 Exercise <b>5</b><br>10:00 Blackjack<br>10:00 Shopping<br>1:15 Scattergories<br>2:00 Dominoes<br>3:15 Discussion & Music - Elvis Presley  | 9:30 Exercise <b>6</b><br>10:00 Card Games<br>1:15 Bunko<br>2:00 Bingo<br>3:00 Comedy Hour<br>4:15 Holy Guardian Church   |   |  |
|  | 8:00 Apostolic Church <b>7</b><br>9:30 Catholic Mass CH 9<br>1:30 Movie Matinee  | 9:30 Exercise <b>8</b><br>10:00 Baking Cookies<br>1:15 Craft Project<br>3:00 Quiddler<br>4:15 Card Club   | 9:30 Exercise with Angela <b>9</b><br>10:00 Edna's Program<br>10:00 Men's Program LR<br>10:00 Nails 4 <sup>th</sup> Fl<br>10:00 Shopping<br>1:00 Help Your Neighbor<br>1:00 Scrabble 4 <sup>th</sup> fl<br>2:00 Ball Toss<br>3:00 CLR  | 9:30 Exercise <b>10</b><br>10:00 Hang-Man<br>10:00 Monopoly 4 <sup>th</sup> Fl<br>1:00 Librarian Visits<br>2:00 Exercise 4 <sup>th</sup> fl<br>2:15 Balloon Volleyball<br>3:00 Bingo<br>3:45 RBHS Visits   | 9:30 Exercise with Angela <b>11</b><br>10:00 Garbage<br>10:00 Checkers 4 <sup>th</sup> Fl<br>1:00 Bingo<br>2:00 Chef Demo<br>2:30 Snowball Fight 4 <sup>th</sup> Fl<br>2:30 Music & Memories<br>6:00 Card Club                     | 9:30 Exercise <b>12</b><br>10:00 Blackjack<br>10:00 Shopping<br>1:00 Outburst<br>2:00 Entertainment LR<br>3:00 Penny Ante<br>3:00 Spades 4 <sup>th</sup> Fl<br>4:00 Uno   | 9:30 Exercise <b>13</b><br>10:00 Who am I?<br>1:00 Bingo<br>2:00 Sonshines LR<br>4:15 Holy Guardian Church                      |  |
|  | 8:00 Apostolic Church <b>14</b><br>9:30 Catholic Mass CH 9<br>1:30 Movie Matinee   | 9:30 Exercise <b>15</b><br>10:00 Discussion- Martin Luther King<br>1:15 Craft Project<br>3:00 Quiddler<br>4:15 Card Club<br><small>Martin Luther King Jr. Day</small>   | 9:30 Exercise with Angela <b>16</b><br>10:00 Edna's Program<br>10:00 Dice Roulette 4 <sup>th</sup> fl<br>10:00 Shopping<br>1:00 Ride the Bus Game<br>1:00 Scrabble 4 <sup>th</sup> Fl<br>2:00 Ball Toss<br>2:00 Rummikub 4 <sup>th</sup> fl<br>3:00 Snake Eyes                                   | 9:30 Exercise <b>17</b><br>10:00 Communion<br>10:00 Monopoly 4 <sup>th</sup> Fl<br>1:00 Apples to Apples<br>1:00 Exercise 4 <sup>th</sup> fl<br>2:00 Discussion- Desi Arnaz<br>2:00 Banana Grams 4 <sup>th</sup> fl<br>3:00 Bingo<br>3:45 RBHS Visits                                  | 9:30 Exercise with Angela <b>18</b><br>10:00 Chat with the Chef<br>10:00 Connect 4 <sup>th</sup> Fl<br>1:00 Bingo<br>2:00 Bocce Ball<br>2:30 Craft Project 4 <sup>th</sup> FL<br>2:45 Music & Memories<br>6:00 Wine & Cheese Party | 9:30 Exercise <b>19</b><br>10:00 Garbage<br>10:00 Shopping<br>1:00 Horseracing<br>2:00 Craft Project<br>3:00 Roll or No Roll<br>4:00 Kings in the Korner  | 9:30 Exercise <b>20</b><br>10:00 Blackjack<br>1:00 Concentration<br>2:00 Bingo<br>3:00 Comedy Hour<br>4:15 Holy Guardian Church |  |
|  | 8:00 Apostolic Church <b>21</b><br>9:30 Catholic Mass CH 9<br>1:30 Movie Matinee<br><small>Activity Professionals Week</small>                           | 9:30 Exercise <b>22</b><br>10:00 Snowball Fight<br>1:15 Craft Project<br>3:00 Quiddler<br>4:15 Card Club  | 9:30 Exercise with Angela <b>23</b><br>10:00 Lucky Dog Game<br>10:00 Nails 4 <sup>th</sup> FL<br>10:00 Men's Program LR<br>10:00 Shopping<br>1:00 Help Your Neighbor<br>1:00 Scrabble 4 <sup>th</sup> fl<br>2:00 Balloon Volleyball<br>2:00 Apples to Apples 4 <sup>th</sup> fl<br>3:00 Name Ten | 9:30 Exercise <b>24</b><br>10:00 Brain Games<br>10:00 Spelling Bee 4 <sup>th</sup> fl<br>1:00 Music Trivia<br>1:00 Fun & Jokes 4 <sup>th</sup> fl<br>2:00 Winston Churchill<br>2:00 Exercise 4 <sup>th</sup> fl<br>3:00 Bingo<br>3:45 RBHS Visits<br><small>Tu B'Shevat Begins</small> | 9:30 Exercise with Angela <b>25</b><br>10:00 Resident Council<br>10:00 Checkers 4 <sup>th</sup> Fl<br>1:00 Bingo<br>2:00 Ball Toss<br>2:00 Craft Project 4 <sup>th</sup> FL<br>2:45 Music & Memories<br>6:00 Happy Hour            | 9:30 Exercise <b>26</b><br>10:00 Blackjack<br>10:00 Shopping<br>1:00 Garbage<br>1:00 25 Words or Less 4 <sup>th</sup> Fl<br>2:00 You be the Judge 4 <sup>th</sup> Fl<br>2:15 Pengoloo<br>3:00 Hang-Man<br>4:00 Uno<br><small>Australia Day (Observed)</small> | 9:30 Exercise <b>27</b><br>10:00 Flip Cards<br>1:00 Shut the Box<br>2:00 Bingo<br>3:00 Comedy Hour<br>4:15 Holy Guardian Church |  |
|  | 8:00 Apostolic Church <b>28</b><br>9:30 Catholic Mass CH 9<br>1:30 Movie Matinee   | 9:30 Exercise <b>29</b><br>10:00 Discussion- Birds<br>1:15 Craft Project<br>3:00 Quiddler<br>4:15 Card Club   | 9:30 Exercise with Angela <b>30</b><br>10:00 Edna's Program<br>10:00 Word Games 4 <sup>th</sup> Fl<br>10:00 Shopping<br>1:00 Finish the Phrase<br>1:00 Scrabble 4 <sup>th</sup> FL<br>2:00 Bible Study LR<br>3:15 Monthly Birthday Party   | 9:30 Exercise <b>31</b><br>10:00 Discussion- Classic Cars<br>10:00 Monopoly 4 <sup>th</sup> fl<br>1:00 Songs from Musicals<br>1:00 Color Pencils 4 <sup>th</sup> fl<br>2:00 Exercise 4 <sup>th</sup> fl<br>3:00 Bingo<br>3:45 RBHS Visits  | <div style="text-align: center;">  <h1>January 2024</h1> </div>   |   |   |  |
|  |  |   |  |  |  |   |   |  |

Programs are subject to change. See the Front Desk