

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**NOVEMBER 2023**





**5**  
8:00 Apostolic Church  
9:30 Catholic Mass  
9:30 Coffee & Pastries- Cafe  
1:30 Movie Matinee MR  
2:00 Exercise with Mary- DR

**6**  
9:30 Exercise  
10:00 Edna Program  
1:00 Uno-AS  
1:15 Quiddler  
2:00 Craft Project  
3:00 Millionaire Trivia  
3:00 25 Words or Less  
4:00 Card Club

**7**  
9:00 Coffee & Donuts-Cafe  
9:30 Exercise with Angela  
10:00 Snake Eyes  
10:00 Shopping-Tischler's  
12:00 Exercise with Angela  
1:15 Ball Toss  
2:00 Penny Roll MR  
2:00 Bingo-AS  
3:00 Who am I? MR

**8**  
8:50 Sit and Be Fit Plymouth  
9:30 Exercise  
10:00 Roll or No Roll MR  
1:00 Librarian Visits MR  
2:00 Slow Stitching- AS  
2:15 Finish the Phrase  
2:30 Celtic World DR  
3:00 Bingo  
3:45 RBHS Visits  
6:30 Rosary-AS

**9**  
9:30 Exercise with Angela  
10:00 Flip Cards MR  
10:00 Ed's Bible Study-AS  
11:30 Podiatrist- In your Apt  
1:15 Garbage  
2:00 Chef Demo-Café  
2:00 Pokeno-AS  
2:30 Music & Memories  
3:00 Keno-AS  
6:00 Bingo

**10**  
9:30 Exercise  
10:00 Blackjack  
10:00 Shopping-  
1:00 Veteran Pinning  
2:15 Balloon Volleyball  
3:00 Imaginif  
3:00 Apples to Apples-AS  
3:30 Happy Hour Cafe

**11**  
9:30 Exercise  
10:00 Patriotic Music  
10:00 Bank-DR  
1:00 Family Feud  
1:30 Movie Matinee-DR  
2:00 Sonshines LR  
4:15 Holy Guardian Church

Veterans Day  
Remembrance Day (Canada)

**12**  
8:00 Apostolic Church  
9:30 Catholic Mass  
9:30 Coffee & Pastries- Cafe  
1:30 Movie Matinee MR

Diwali (Hindi)

**13**  
9:30 Exercise  
9:30 Games with Bernie  
10:00 Edna Program  
1:00 Uno-AS  
1:15 Baking Cookies  
2:00 Craft Program  
3:00 Apples to Apples  
3:00 25 Words or Less  
4:00 Card Club

**14**  
9:00 Coffee & Donuts-Cafe  
9:30 Exercise with Angela  
10:00 Bozo Buckets-MR  
10:00 Shopping-Tischler's  
10:00 Men's Club-LR  
12:00 Exercise with Angela  
1:00 Bingo-AS  
1:15 Beading  
2:00 Travel Log- Hollywood  
3:00 Dice Maze

**15**  
8:50 Sit and Be Fit Plymouth  
9:30 Exercise  
10:00 Communion MR  
1:00 RSV Shots- In your Apt  
1:15 Wheel of Fortune MR  
1:15 Beading 4<sup>th</sup> Fl  
2:00 Uno  
2:15 Afternoon Exercise 4<sup>th</sup> fl  
2:30 Celtic World- DR  
3:00 Bingo  
3:45 RBHS Visits  
6:30 Rosary- AS

**16**  
9:30 Exercise with Angela  
10:00 Chat with the Chef  
10:00 Ed's Bible Study-AS  
12:00 Exercise with Angela  
1:00 Pokeno-AS  
1:15 Garbage  
2:00 Outburst  
2:45 Music & Memories  
3:00 Keno-AS  
6:00 Bingo

**17**  
9:30 Exercise  
10:00 Jingo  
10:00 Shopping-  
1:00 Crafts- AS  
1:15 Name Ten  
2:00 Mardi Sramek LR  
3:00 Apples to Apples-AS  
3:15 Are you Smarter?  
3:30 Happy Hour Cafe

**18**  
9:30 Exercise  
10:00 Quiddler  
1:15 Horseracing  
1:30 Movie Matinee-DR  
2:00 Bingo  
3:00 Comedy Hour  
4:15 Holy Guardian Church

**19**  
8:00 Apostolic Church  
9:30 Catholic Mass  
9:30 Coffee & Pastries- Cafe  
1:30 Movie Matinee MR  
2:00 Exercise with Mary- DR

**20**  
9:30 Exercise  
10:00 Edna Program  
10:00 Visit from the Librarian  
1:00 Uno-AS  
1:15 Yahtzee  
2:00 Craft Program  
3:00 Baking Cookies  
3:00 25 Words or Less  
4:00 Card Club

**21**  
9:00 Coffee & Donuts-Cafe  
9:30 Exercise with Angela  
10:00 You be the Judge  
10:00 Scrabble 4<sup>th</sup> fl  
10:00 Shopping-Tischler's  
12:00 Exercise with Angela  
1:00 Bingo-AS  
1:15 Ball Toss  
2:00 Afternoon Exercise 4<sup>th</sup> fl  
2:00 Travel Log- New Zealand  
3:00 Top 20 Songs of All-Time

**22**  
8:50 Sit and Be Fit Plymouth  
9:30 Exercise  
10:00 Card Sharks-MR  
10:00 Connect Four 4<sup>th</sup> Fl  
1:00 Pokeno-AS  
1:15 Penny Roll-MR  
1:15 Checkers 4<sup>th</sup> Fl  
2:00 Bingo-MR  
2:30 Celtic World-DR  
3:00 Holiday Trivia-MR  
6:30 Rosary-AS

**23**  
9:30 Exercise with Angela  
10:00 The Macy Parade  
1:00 Holiday Bingo  
2:00 Holiday Movie

Thanksgiving Day (US)

**24**  
9:30 Exercise-MR  
10:00 Blackjack-MR  
10:00 Shopping-  
1:15 Apples to Apples-MR  
2:00 Life Stories-MR  
3:00 Wine & Cheese Party-MR  
3:00 Apples to Apples-AS  
3:30 Happy Hour Cafe

**25**  
9:30 Exercise-MR  
10:00 Roll or No Roll-MR  
10:00 Bank-DR  
1:15 Horseracing-MR  
1:30 Movie Matinee-DR  
2:00 Bingo-MR  
3:00 Comedy Hour-MR  
4:15 Holy Guardian Church

**26**  
8:00 Apostolic Church  
9:30 Catholic Mass  
9:30 Coffee & Pastries- Cafe  
1:30 Movie Matinee MR

**27**  
9:30 Exercise  
9:30 Games with Bernie-AS  
10:00 Edna Program  
1:00 Floor Rep Meeting-AS  
1:15 Quiddler  
2:00 Craft Program  
3:00 Hang-Man  
3:00 25 Words or Less  
4:00 Card Club

**28**  
9:00 Coffee & Donuts-Cafe  
9:30 Exercise with Angela  
10:00 Talk with Dietitian-MR  
10:00 Men's Club-LR  
10:00 Pretty Nails 4<sup>th</sup> Fl  
10:00 Shopping-Tischler's  
12:00 Exercise with Angela  
1:00 Bingo-AS  
1:15 Balloon Volleyball  
2:00 Monthly Birthday Party  
3:00 Christmas Music  
3:00 Uno- AS

**29**  
8:50 Sit and Be Fit Plymouth  
9:30 Exercise  
10:00 Discussion- Bing Crosby  
10:00 Bozo Buckets 4<sup>th</sup> fl  
1:00 Pokeno-AS  
1:15 Yahtzee  
2:00 Rosary with Lottie LR  
2:15 Kings in the Korner  
2:30 Celtic World-DR  
3:00 Bingo  
3:45 RBHS Visits  
6:30 Rosary-AS

**30**  
9:30 Exercise with Angela  
10:00 Resident Council MR  
10:00 Ed's Bible Study-AS  
12:00 Exercise with Angela  
1:00 Tenant Meeting-DR  
1:15 Garbage  
2:00 Ball Toss  
2:45 Music & Memories  
3:00 Keno-AS  
6:00 Bingo

**Happy Thanksgiving**

