



Safety Measures

For Wye Valley Residents Going Off-Campus

The state of Illinois has lifted its stay at home order. Recently, outbreaks of COVID have been increasing in suburban Cook County. The Illinois Department of Public Health (IDPH) has directed that high risk individuals and especially seniors, limit their exposure by only going out in public for essential needs, continue to wear masks, maintain social distancing, and wash hands frequently. Keep in mind that indoor places, where the general public gathers, are especially dangerous (examples: indoor restaurants and bars, casinos, stores, theaters, churches, salons etc.).

To protect our residents and the residents that share space with you, Cantata has developed some guidance for residents that must go out in public. The following has been developed as ways to limit exposure using information from IDPH and the Center for Disease Control and Prevention (CDC):

1. All trips out of the building need to be communicated to Wye Valley management in advance so a risk assessment can be done, the trip documented, tracked, and evaluated.
2. Residents will be requested to check out when leaving and check in when coming back. There is a two part questionnaire you will need to partially fill out before you go and then complete upon screening when you get back.
3. We recommend that trips be limited to the hours when front desk staff is available so they can check you out and screen you upon return.
4. It is strongly recommended that appropriate infection control procedures are followed at all times during any trips off-campus.
 - A mask and 8 oz. bottle of hand sanitizer will be required before going on each trip. You can purchase these supplies for \$4.75 from Wyes front desk. Hand sanitizer should be used frequently when hand washing is not possible. Wear your mask completely over nose and mouth at all times. The people around you should also be wearing a mask while you are interacting or receiving services.

- On transported trips, you should use Cantata transportation or a vendor from our evaluated and approved list like PeopleCare. These vendors will have been assessed as having limited risk for the Virus.
 - Please sit in the back seat, but not behind the driver. Windows should be open at least a little when possible. Always try to maintain six or more feet distance. In a normally sized vehicle this would mean only having two people in it, one driver and one passenger.
 - Try to limit your time on trips and with people as well.
 - Stick to outside venues whenever possible.
 - It is recommended that drivers or family members you may be traveling with get screened before you interact with them.
5. Cantata is in the process of creating a list of essential places that limit the risk of the Virus – Clinics, pharmacies, doctor offices, etc. We will continually update this list as we get information for you to use to help choose places that have been evaluated to minimize exposure.
 6. While we do not encourage leaving the building for non-essential trips, we understand that at limited times you may need to. Cantata will evaluate each trip for risk of exposure. Upon return you will be informed as to whether you will need to minimize your interaction with other residents, are to be quarantined, and/or need to take a COVID test with negative results before resuming your usual movement on our campus. We will also be creating a list of vendors/places you can go that have been evaluated to minimize risk of exposure to the Virus – stores, restaurants, beauty shops, banks, recreational, etc..
 7. Cantata will continue to have resources on campus for you to limit your exposure like: tele-health capabilities, virtual (zoom) meetings, shopping for you, and activities that are low risk, etc. Additionally, we are in the process of planning out-trips that comply with the guidelines stated in this letter. We will continue to develop more resources and communicate information to help keep you safe.
 8. Wye Valley staff is here to assist you with staying as safe as possible.

Thank you for following infection control measures to keep yourself and your neighbors safer.