

→ ☆ EMPLOYEE ☆ ←
ORDERING
INSTRUCTIONS

Please call Jeff at the Front Desk
Monday-Friday
9:00am-4:30pm

Tell Jeff each item you would like to
order and the quantities.

Please have your name and your
apartment number.

We will try to fulfill the orders as
soon as we can, please do allow at
least 24hrs to deliver.

The total amount will be billed to
your account at the end of the
month.

If we do not have something in
stock, we will not charge you for
that item and will try to deliver to
you as soon as we get it in stock

Live Your Best Life

CANTATA MARKET

GROCERY & SUPPLIES
BROCHURE

From Our Very Own Kitchen

OPEN MONDAY-FRIDAY

 <u>GROCERY</u> 	
FRESH FRUIT/VEGETABLES (1EACH)	0.25
Apples, Oranges, Bananas, Lemons, Potatoes, Onion	
LOAF OF BREAD	3.50
White, Wheat, Rye	
LUNCH MEAT (4OZ)	1.50
Ham, Turkey or Corned Beef	
CHEESE SLICES (4OZ)	1.50
America, Provolone, Swiss	
BUTTER- 1LB STICK	2.50
HALF DOZEN EGGS	1.50
INSTANT OATMEAL	0.50
(1 packet)	
WAFFLES	2.00
(Box of 12)	
DOLE FRUIT CUP	0.50
Mandarin Oranges	
CAN OF SOUP	0.80
Tomato or Chicken Noodle	
PUDDING CUP	0.50
Vanilla or Chocolate	
YOGURT CUP (8OZ CUP)	1.00
Strawberry or Vanilla	
JELLO CUP	0.50
Regular or Sugar Free	
COTTAGE CHEESE CUP (8OZ CUP)	1.00
DRY CEREAL BOX (SINGLE SERVING)	0.50
Cheerios, Rice Krispies, Raisin Bran, Special K, Total Whole Grain	
BAG OF CHIPS	0.50
Lays Potato, Lays BBQ, Popcorn	
CANDY BAR	1.00
Snickers, Twix, Rice Krispie Treat, Milano Cookies	
ICE CREAM CUPS	0.50
Vanilla, Chocolate, Strawberry	
(MEAT, POULTRY AND OTHER PRODUCE IS AVAILABLE UPON REQUEST)	

 <u>MEAL KITS</u> 	
OPTION 1- BUILD YOUR OWN PASTA	5.00
Cooked Spaghetti	
4oz Cup Marinara	
4pc Meatballs	
2oz Cup Parmesan Cheese	
Garlic Bread	
OPTION 2- BUILD YOUR OWN PIZZA	5.00
7' Pizza Dough in Pizza Box	
4oz Pizza Sauce	
4oz Mozzarella Cheese	
2oz Cup Sausage	
2oz Cup Pepperoni	
OPTION 3- PEAR SALAD W/ GRILLED CHICKEN	5.00
8' Container of Mixed Greens	
Sliced Red Onion	
Sliced Fresh Pears	
2oz Cup Feta Cheese	
2oz Pecans	
2oz Balsamic Dressing	

 <u>BEVERAGES</u> 	
1/2 GALLON 2% MILK	2.50
CARTON MILK	0.30
skim or 2%	
CARTON LACTAID MILK	1.00
SODA (20OZ BOTTLE)	1.00
Coke, Diet Coke, Sprite, Root Beer	
WATER BOTTLE	1.00
COFFEE (DUNKIN DONUTS ICE COFFEE)	2.00
TEA BAGS	3.00
Black Tea or Green Tea	
JUICE (16OZ)	2.00
Apple, Cranberry or Orange	
DISTILLED WATER GALLON	2.00

 <u>HOUSEHOLD ITEMS</u> 	
TOILET TISSUE (1 ROLL)	0.50
FACIAL TISSUE (1 BOX)	1.50
PAPER TOWEL (1 ROLL)	1.50
ROLL OF TRASH BAGS	2.00
TOOTHPASTE (0.85OZ)	0.50
TOOTHBRUSH	1.00
MOUTHWASH (4OZ)	1.30
DEODORANT (SECRET .5OZ)	1.00
DEODORANT (OLD SPICE .5OZ)	1.00
PACK OF DISPOSABLE RAZORS (PACK OF 10)	5.60
SHAVING CREAM (2OZ)	1.50
HAND SOAP ALOE LIQUID (7.5OZ)	1.75
SOAP BAR	1.00
DAWN DISH SOAP (38OZ)	4.50
GAIN LAUNDRY DETERGENT (10OZ)	3.00
CHAPSTICK	2.75
DENTURE CLEANSING TABS (30)	3.60
DENTURE ADHESIVE CREAM	7.85
TYLENOL (1 PACKET, 2 TABLETS)	0.50