

# Happy 100<sup>th</sup> Birthday Catherine!



## Hospitality Committee Meeting

We will be resuming Committee Meetings in the Woodlands and WYE Valley. Residents will be invited to join the Chef and the Director to discuss positive feedback and also any issues & concerns. Chosen residents will represent their fellow neighbors with the end goal of receiving top service, delicious food and overall enjoyable experience here at Cantata. Please reach out to your building Activity staff if you wish to participate.

## March Events

- National Nutrition Month
- Irish American Heritage Month
- St. Patrick's Day March, 17<sup>th</sup>
- Superfood- Fish

**Look out for fun events  
and tasty treats!**